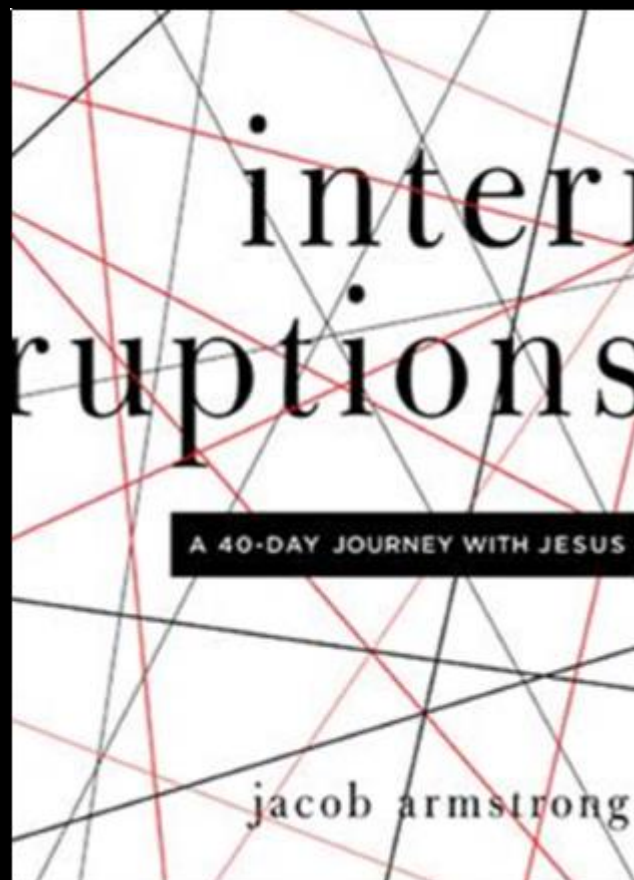






A Lenten Journey  
TO EASTER



Life is full of interruptions. You have a flat tire on the way to work. Your phone buzzes, signaling yet another text or e-mail. Or a major interruption blindsides you—the death of a loved one, a job loss, a family member in crisis, or a shattering diagnosis. Where is God in all these situations?

***Interruptions: A 40-Day Journey with Jesus*** provides a chance for you to set aside your stress for a bit and refocus on God. Jacob Armstrong looks at the life of Jesus and gives insights on how you might respond to all the interruptions in your life. The scripture-based meditations guide you to think about interruptions from various angles:

- Interruption as an opportunity
- Living in a culture of interruptions
- Jesus' response to interruptions
- Jesus as an interrupter

Armstrong weaves together biblical and contemporary stories in these short, effective devotions. His book will encourage you and remind you that God wants to meet you in all the interruptions of your life.

## Chapter Titles

## Reading Days

Interruption as Opportunity

Days 1–6

Living in a Culture of Interruptions

Days 7–11

Interruptions Are Messy

Days 12–18

Jesus, the Interrupter

Days 19–25

Be an Interrupter

Days 26–31

Jesus Enters the City

Days 32–34

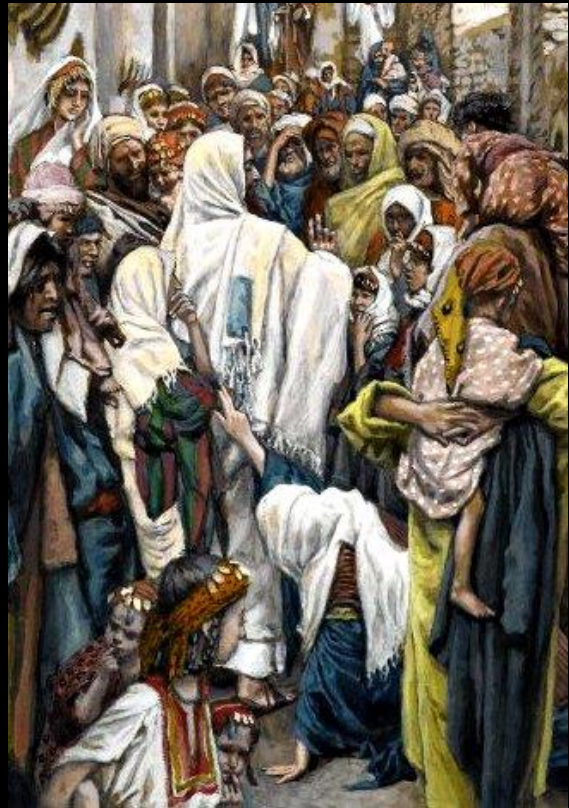
King of the Jews

Days 35–36

The Great Interruption

Days 37–40







“Often, I lack the courage and confidence to interrupt God with my problems. I rank my issues next to someone else’s, and mine always seem smaller, more insignificant. I tell myself that God must be busy with more important issues and more important people. My own insecurity paints the way I think God sees me.” *Interruptions*, pg. 21



“This journey is not about finding happiness in every interruption. We often find interruptions annoying; they frustrate and delay. But we live in a culture of interruptions. Our lives are filled with seemingly constant intrusion. Yet, rather than seeing interruptions as annoying speed bumps, Jesus sees them as opportunities for profound redirection, opportunities to share love and light. Interruptions do not keep Jesus *from* His greater purpose; instead, He sees how the interruptions fit *into* His greater purpose. Today an unwelcome distraction could mean a new relationship. A change in our schedules could create new opportunities for growth.”

*Interruptions, pg. 7*



